LAST NAME: | | | | | | | | | | |

FIRST NAME: | | | | | | | | | | |

PHONE # | | | | - | | | | - | | | | |

SUMMER CLASSES 2010

MONDAY July 5—Aug 23 No class Aug 2	TUESDAY July 6—Aug 24 No Class Aug 17	WEDNESDAY July 7—Aug 25	THURSDAY July 8—Aug 26	FRIDAY July 9—Aug 27
* Yoga with Sandra (Gym) 9:45 am - 10:45 am	*Hawaiian Dancing (Gym) 10:00 am - 11:00 am	♥* Wood, Soapstone & Leather Carving (Church) 8:00 am - 11:00 am	* Yoga Eglinton Hill Centre (2562 Eglinton Ave. W. Ground Floor) 9:00 am - 10:00 am	♥*Pottery (Church) 9:45 am - 11:45 am +material fee No class July 23
☺ 3 C's Craft Group (G.P. Room) 10:00 am - 12 noon	* Co-ed Fitness (Gym) 11:15 am - 12:15 pm OR * Stretch & Strength (Gym) 12:30 pm - 1:30 pm	* Latin Line Dancing (Gym) 9:40 am - 10:40 am * Osteo-Training (Gym) 11:00 am - 11:55 am	☺ Social Bridge & Bridge Lessons (Conference Room) 10:00 am - 12 noon 50¢ Pay as you play	☺ Scrabble Club (G.P. Room) 9:00 am - 11:00 am 50¢ pay as you play
* Pilates (Gym) 11:00 am - 12 noon		Time Change * Gentle Exercise (Gym) 12:00 pm-12:55 pm OR * Osteo-Exercise (Gym) 1:00 pm - 2:00 pm	☺ Cribbage (G. P. Room) 10:00 am - 12:00 noon	* Beginner Line Dancing (Gym) 9:00 am - 10:00 am OR * Intermediate Line Dancing (Gym) 10:10 am - 11:10 am
☺ Cribbage (G.P. Room) 11:00 am - 12 noon 50¢ Pay as you play	☺ Bingo (G.P. Room) 1:00 pm - 3:00 pm 50¢ Pay as you play		*Co-ed Fitness (Gym) 10:30 am - 11:30 am OR *Mat Conditioning (Gym) 11:35 am - 12:35 pm	* Advanced Line Dancing (Gym) Experience Required 11:30 am - 12:30 pm
NEW MEMBERS WELCOME	* Yoga with Sandra (Gym) 1:45 pm - 2:45 pm	*Conversational Spanish (Gym) 2:40 pm - 3:40 pm	☺ Euchre (G.P. Room) 1:00 pm - 3:00 pm 50¢ Pay as you play	Lunch Connection (G. P. Room) 12 noon - 2:00 pm $5.00
* Yoga With Sally (Gym) 12:15 pm - 1:15 pm			* Belly Dancing (Gym) 1:30 pm - 2:30 pm	Time Change * Osteo-Fit (Gym) 12:30 pm - 1:30 pm
* Healthy Bones (Gym) 1:20 pm - 2:20 pm			☺ Ballroom Dancing Open Practice (Gym) 2:35 pm - 3:30 pm	
* Healing Meditation (Gym) 2:30 pm - 3:30 pm				
☺ Euchre (G.P. Room) 1:00 pm - 3:00 pm 50¢ pay as you play				
☺ Walking and Bird Watching Clubs (Monthly/Seasonal) Schedule available in office	☺ Men's Club Mt. Dennis United Church 71 Guestville Ave. LAST TUES/ MONTH 9:30 am - 11:00 am			

No classes in the Church Hall August 16 to August 27. No classes August 17th (Registration Day)

FALL 2010 Class Registration and Membership Renewal

Tuesday, August 17th 2010
10:00 am – 1:00 pm

Session Fee:	Member	Non-Member
One, 1 hour class	$25.00	$48.00
2 classes	$40.00	$65.00
Additional classes	$5.00	$8.00
(to a maximum of $75.00)		

* Classes offered as part of session fee
☺ Membership required
♦ No age restriction
♥ Counts as 2 classes

ONE REGISTRATION PER PERSON

- ☐ First Class - $25 _____
- ☐ 2nd Class - $15 _____
- ____ Additional Classes - $5 each _____
- ☐ **2010** Membership ($25.00) _____
- ☐ Newsletter ($8.00) _____
- ☐ Travel Club Membership ($6.00) _____
- ☐ Donation _____

TOTAL: _____

Amount Received _____
Balance Owing _____
☐ Cash ☐ Cheque

Membership # _____

I recognize that a risk of injury may be involved in the participation in these programs/activities. I hereby willingly assume such risk of injury or health risk and assume full responsibility during and after my participation in the program. The Syme 55+ Centre cannot be responsible for risk willingly assumed, and I therefore hereby release and forever discharge the Syme 55+ Centre for all actions, damages, claims and demands whatsoever arising by reason of participation in the program or any of its associated activities. Signature: _____ Date:

Updated June 6—AMK